



## Program Description

The objective of the Professional Massage Therapist program is to offer students an education in massage therapy which exceeds the minimum requirements to obtain certification through the California Massage Therapy Council (CAMTC) to work as a Massage Therapist in the State of California. Students will learn in-depth about the body and effective methods for applying a variety of massage and bodywork techniques for supporting the health and well-being of future clients.

## Program Courses

Fundamentals of Holistic Health,  
Anatomy and Massage  
Strategies for Success  
Touch Anatomy  
Circulatory Massage  
Deep Tissue Massage  
Passive Joint Mobilization  
Anatomy with Manikens  
Eastern Perspectives  
Chi Integrated Exercises  
Energy Channels & Acupoints - Tui Na  
Shiatsu - Zen Touch  
Kinesiology  
Client Assessment  
Physiology/Pathology  
Business Practices  
Special Populations  
Communications, Ethics and Career Prep  
MBLEx Preparation  
Practicum - Clinic & Community Outreach

## Career Outcomes

- Certified Massage Therapist
- Employment at Spas & Resorts
- Employment at Franchised Massage Clinics
- Employment at Health Clubs
- Employment at Chiropractor Offices
- Entrepreneurship

# ICOHS AT A GLANCE

## Institutional Highlights



Nonprofit  
Holistic College



Hands-on  
Learning



Massage Clinic  
on Campus



Highly Qualified  
Faculty



Job Placement  
Assistance

## Top Reasons Students Attend ICOHS



**#1** To Prepare for  
or Advance in  
their Career



**#2** To Improve  
Overall Health and  
Mindful Living



**#3** To Experience  
a Supportive  
Learning  
Environment



## Tuition Financing Options



Veterans Educational  
Benefits



Federal  
Financial Aid



WIOA and  
Vocational Rehab  
Approved



Zero or  
Low-interest  
Payment Plan



## Professional Massage Therapist Program Schedule



### FULL - TIME DAY SCHEDULE

9 Months to Complete\*  
Mon - Thurs 8:45 am - 3:15 pm



### PART - TIME EVENING SCHEDULE

16-18 Months to Complete\*  
Mon - Thurs 5:45 pm - 9:45 pm

\* Timeline is approximate.



## Certifications & Accreditations



Nationally Accredited  
by ACCET



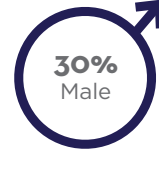
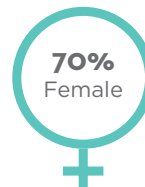
Approved by California  
Massage Therapy Council



Test Preparation for  
Professional Certification



## By the Numbers



**88-90%** of ICOHS students passed the  
MBLEx Exam the First-Time in the past 2 years