



Program Description

Step into a career that heals. The Associate Degree in Integrative Health at ICOHS College combines hands-on training with 5 industry-recognized certifications in massage therapy, holistic health, fitness, and coaching. Start working before you graduate, earn while you learn, and turn your passion for wellness into a meaningful, flexible career.

Program Courses

- ◇ Fundamentals of Massage
- ◇ Anatomy and Palpation Techniques
- ◇ Science of Movement
- ◇ Cupping and Deep Tissue Massage
- ◇ Body Systems
- ◇ Eastern Modalities
- ◇ Career Development
- ◇ Healing Applications
- ◇ Advanced Eastern Modalities
- ◇ Advanced Western Modalities
- ◇ Integrative Nutrition and Health
- ◇ Foundations of AI in Healthcare
- ◇ Business Intelligence for Health Data
- ◇ Mastering Modern Marketing
- ◇ Leadership, Coaching and Emotional Intelligence
- ◇ Holistic Coaching Practicum
- ◇ Critical Thinking
- ◇ Business Communication
- ◇ Business Math
- ◇ Introduction to Business
- ◇ Integrative Practice Capstone

Possible Career Outcomes

- ★ Massage Therapist
- ★ Wellness Coach
- ★ Holistic Health Practitioner
- ★ Group Fitness Instructor
- ★ Personal Trainer
- ★ Bodywork Specialist

Many roles—like Wellness Coach or Personal Trainer—can now be done remotely, offering flexible career options.

Featured Certifications

Massage Therapy

Holistic Health Practitioner

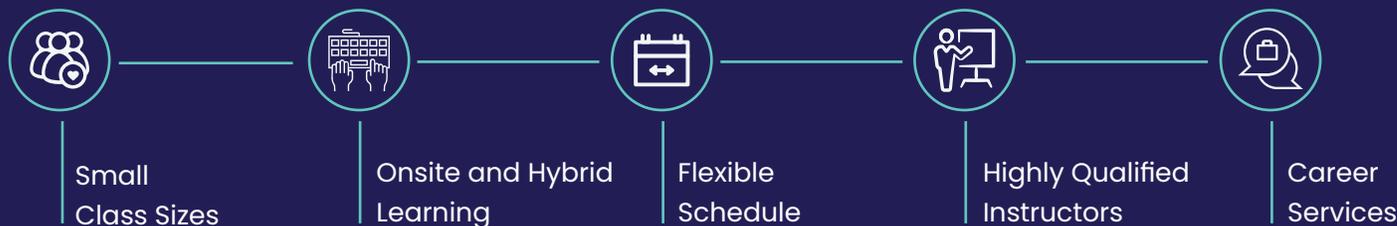
Personal Trainer

Group Fitness Instructor

Health Coach



Institutional Highlights



Top Reasons Students Attend ICOHS College

#1 To Prepare for or Advance Your Career

#2 Increase Earning Potential

#3 Student Support and Mentorship

#4 Community Involvement and Giving Back

Tuition Financing Options*

- Veterans Educational Benefits
- Institutional Scholarship up to \$3,000
- Federal Financial Aid
- Zero or Low-interest Payment Plan

*Funding NOT guaranteed, only for applicants who qualify.

Flexible Learning for Your Career

PROGRAM DURATION 20 MONTH

ICOHS College offers flexible learning modes with hands-on training for success. No matter your preferred learning style, we provide a high-quality, skills-driven education to prepare you for a thriving career. Start today and shape your future.

ONSITE LEARNING

HANDS-ON LABS
Interactive, in-person learning with cutting-edge equipment.

DIRECT SUPPORT
Engage face-to-face with instructors and peers in a collaborative environment.

HYBRID LEARNING

PRACTICAL LAB COMPONENTS
Join scheduled on-campus labs for hands-on skills, paired with online coursework.

FLEXIBLE SCHEDULING
Blend in-person and virtual learning for flexibility and the best of both worlds.

Weekly deadlines to keep you on-task and small-Group support with instructors to answer questions.

Veterans Education Benefits

- Montgomery GI Bill® (Chapter 30)
- Vocational Rehabilitation and Employment Program (Chapter 31)
- Post 9/11 GI Bill® (Chapter 33)
- Survivors' and Dependents' Educational Assistance (Chapter 35)
- Montgomery GI Bill Selected Reserve (Chapter 1606)
- Military Spouse Career Advancement Account (MyCAA)

* GI Bill® is a registered trademark of the U.S. Department of Veterans Affairs (VA). More information about education benefits offered by VA is available at the official U.S. government website at www.benefits.va.gov/gibill

Partners and Accreditation

