

Professional Massage Therapy

HHF 101
Fundamentals of Massage

SCI 101
Anatomy and Deep Tissue Palpation

SCI 102
Science of Movement

WMM 101
Western Modalities

SCI 103
Body Systems

EMM 101
Eastern Modalities

CD 101
Career Development



Associate of Science in Integrative Health

HHF 101
Fundamentals of Massage

SCI 101
Anatomy and Deep Tissue Palpation

SCI 102
Science of Movement

WMM 101
Western Modalities

SCI 103
Body Systems

EMM 101
Eastern Modalities

CD 101
Career Development

HEA 102
Healing Applications

EMM 102
Advanced Eastern Modalities

WMM 102
Advanced Western Modalities

NUT 103
Integrative Nutrition and Health

AI 100
Foundations of AI & Business Integration

BI 101
Power AI Automation

ACE 100
Group Fitness Foundations

ACE: Group Fitness & CPR/
AED Certification

ACE 101
Leadership, Coaching and Emotional Intelligence

ACE: Health Coach
Certification

ACE 102
Personal Training and Applied Fitness Science

NSCA: Certified Personal
Trainer

GE 101
Critical Thinking

GE 102
Business Communication

GE 103
Business Math

GE 104
Introduction to Business

CAP 204
Integrative Practice Capstone

